

# Barham Banter

## Barham Public School

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Term 4 – Week 7

21st November, 2011

*'One thing you can't recycle is wasted time'*

### Monday 21st November 2011

Monday 21st November	Yr 6 Orientation BHS After School Sport K-2 Local Schools, Local Decisions
Wednesday 23rd November	School Spectacular Sydney Stephanie Alexander Kitchen Garden Meeting
Thursday 24th November	Combined CAP Meeting & Dinner
Friday 25th November	Stephanie Alexander Kitchen Garden Training Session

### Monday 28th November 2011

Monday 28th November	Great Vic Bike Ride
Tuesday, 29 <sup>th</sup> November	Intensive Swimming
Wednesday 30 <sup>th</sup> November	Intensive Swimming After School Sport Yr 3-6
Thursday, 1 <sup>st</sup> December	Deadly Australian's Visit Intensive Swimming
Friday 2 <sup>nd</sup> December	Assembly School Leaders Speeches



## Kitchen Garden Community Meeting

Stephanie Alexander, well-known chef and food writer, wants young children to learn how to grow and eat good food every day of their lives.

This has been happening for five years at Collingwood College and now we are bringing the **Kitchen Garden Program to Barham Public School**. Come along and hear about this exciting program and how you can help us to inspire your children.

### We need your help

We want the local community to share in the development of this project, through time & goods & trades to help build the kitchen & garden to the long term support of the program.

*We would love you to come along to the community meeting at Barham Public School on Wednesday 23<sup>rd</sup> November at 7pm.*

For more information about this meeting, please phone Judy McGuinness Principal of Barham Public School, on 5453 2133.

For more information about the Kitchen Garden Program, visit the website [www.kitchengardenfoundation.org.au](http://www.kitchengardenfoundation.org.au).



## Food Glorious Food

Year 2/3 B have been reading Bob the Builder by Emily Rodda. Bob the Builder is a very happy man until the day his nice, messy house is infested with elves. The elves tidy up Bob's house until it's horribly clean and bright. Worst of all, they put fairy bread in his lunch box. His mates laugh and laugh. Our class had great fun making fairy bread, which we were quite happy to put in our stomachs.

## Canteen Roster

Slushies – Lime & Grape

NOVEMBER	DELIV CANTEEN	SHORT SHIFT AS INDICATED	11.30 AM TILL 1.10 PM	1.50 PM TILL 2.30 PM
Mon 21st Nov	S Martin	S Martin		
Tues 22nd Nov	J Ibbs		J Maffescioni	J Maffescioni
Wed 23rd Nov	D Maffescioni			
Thu 24th Nov	T Goble	T Goble	J O'Reilly	J O'Reilly
Fri 25th Nov	R Vallenge	R Vallenge	R Vallenge	R Vallenge
Mon 28 <sup>th</sup> Nov	NO CANTEEN	GREAT VIC. BIKE RIDE		
Tues 29 <sup>th</sup> Nov	T Mason	T Mason		S Lolicato
Wed 30 <sup>th</sup> Nov				O Aertssen
Thur 1 <sup>st</sup> Dec	A Burger		J Hare (12.20)	
Fri 2 <sup>nd</sup> Dec	T Davis		G Oggian	G Oggian

## Assembly Dates

The final assembly of the year, which will include speeches by our 2012 prospective leaders, is on Friday 2nd December. Our Presentation Assembly is on Wednesday 14th December at CluBarham, commencing at 10am.

## Desperately Needed...!!!

#

With our Intensive Learn to Swim Program commencing next week, we are looking for volunteers to assist us with the running of the program. As we need to keep the class sizes as small as possible, we depend on all those who can assist in any way; from helping with the beginning swimmers to teaching some stroke correction and life saving skills. At this stage we have only had one offer of assistance.

If you can help in any way, we would love to hear from you. Even if you cannot commit for the entire program, we would appreciate your assistance for any of the sessions. The dates are Tuesday 29<sup>th</sup> and Wednesday 30<sup>th</sup> November, Thursday 1<sup>st</sup> December, Monday 5<sup>th</sup> December, Tuesday 6<sup>th</sup> December and Thursday 8<sup>th</sup> December.

Please, also, pass this message onto anyone in the community who might be interested in assisting us in any way.

## Field & Game Shoot Roster

### Sunday 11th December

10.30am	1.30pm	Cake	Slice
Shannon	Davis (R)	Verhey	Judy Lake
Thompson	Birrer		

NOTE : Please allow 15 minutes to drive to the site. Please arrange your own swap and let either Angie Jones (54533132) or Tracey Davis (54532068) know. Please do not leave us without a helper on the day.

## Great Victorian Bike Ride

### Can you spare half an hour at our Mobile Phone Recharging Station?

The school will recharge mobile phones on **Monday the 28<sup>th</sup> from 10am**

Participants will leave their phone to have it recharged for a small fee.

We will be operating from the computer room and require assistance on the day in the signing in and out of the phones.

Please leave your name and the time you will be available at the office with Judy P 54532 133 or Julie on 0429 841699

## B.H.S. P & C Uniform Shop

**Barham High School** uniforms will be on sale at Barham Primary School on Friday 9<sup>th</sup> December under the shelter at lunchtime. For parents of Year 6 students wishing to purchase uniforms for students attending Barham High School next year – this is a great opportunity to purchase good used uniforms and at greatly reduced price.

There will also be an opportunity for parents to purchase good second hand uniforms for **Barham Primary School**, at bargain prices. Student Council benefits from the sale of the uniforms, which are sold for \$2 or \$3 a piece. If anyone has uniforms that could be added to our clothing pool, please send these in to the office. Please make sure they are in good, clean condition. Thanks.

## Icy Poles For Sale

At recess on Fridays the Student Representative Council will be selling Icy Poles for .50c.

**Chef's Toolbox Fundraising Evening .... Just a reminder**

As part of our school's efforts to raise funds for our school kitchen, we will be holding a **Chef's Toolbox Fundraising Evening on Thursday, 8<sup>th</sup> December**, commencing at **7.00 pm**. It will be held in our school kitchen.

To attend this evening, tickets must be bought before this event, at a cost of \$15 each. We must have at least 30 people to enable the evening to be run. The money raised from the sale of these tickets will be donated to our school, as will 10% of all the sales made. This money will then be used to purchase some quality equipment for our kitchen. During the night, the consultant will be cooking two meals, a main and a dessert, to show the versatility of these products.

If you are unable to attend on the night, you can still place an order at the school office.

**Chef's Toolbox Response**

Name/s \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

I accept the invitation to attend the Fundraising Evening on Thursday 8.12.11 in the school's kitchen.

I enclose \$15 per head for each ticket,

Totalling \$ \_\_\_\_\_

**Did You Know??**

The Great Vic BIKE RIDE is coming to Barham Koondrook on Monday 28<sup>th</sup> November.

There'll be PLENTY happening in town to welcome our 4000+ VISITORS so why not head down to the main street in Barham and RE-DISCOVER our town along with the visitors!

There'll be a mini market, great retail specials, river ACTIVITIES along with all the other great things our towns have to offer.

The main HUB of activity is expected to take place between 11 am and 3 pm ... but riders will be coming into town throughout the day. NO road closures will take place around town on the day. However, there will be A LOT of people walking and cycling so please be alert and drive, walk or ride SAFELY!

**Do You Know??**

Do you know anyone who has a child that intends to enrol at Barham Public School in 2012? If so, could you please suggest that they contact the school, or call at the office to collect an enrolment pack as soon as possible.

**Head Lice**

We continue to have a significant issue with head lice in the school. If head lice are detected in a child's hair, a note will accompany the student home, which will include instructions for treatment.

**Parents will need to ensure that treatment is given before the student returns to school.**

The biggest issue with head lice is the removal of eggs. If the eggs are not removed, along with the lice, then reinfestation will occur. All parents need to assist the school in bringing this issue under control. Thank you for your help.

**Order Your School Magazine 2011 Now!!**

You **MUST** order by tomorrow, 22<sup>nd</sup> November so it will be available early December. If you would like to secure a copy please return the attached form with your \$12. We have limited copies so be early with your order.

**Order and Payment for School Magazine 2011 Return by Tuesday 22<sup>nd</sup> November**

NAME: .....

CLASS .....

Number of Copies.....

Money enclosed \$.....

**Barrook Swimming Club**

Training begins tonight at 5.00pm till 6.00pm. If you are interested, we would love to see you or hear from you. Beginners are on Monday and Wednesday nights, with coach Maryanne McInnes. Intermediate and Seniors are Monday through to Friday from 5.00pm to 6.00pm. Having said that, it is not set that you must do every night. You do what you feel you can do. We are there to make it fun and for you to learn the correct stroke technique.

So if you are interest, turn up at the pool any of these nights and see Sharon Wescombe, Bruce or Debbie Bott.

**Bandana Day**

To support the charity, CANTEEN, SRC will be selling bandanas for \$4 at recess on Friday.

## 5 cent Challenge

There are only 2 weeks of the 5cent challenge remaining. The winners will be announced on Monday 5<sup>th</sup> December at the short assembly after lunch. The winning class will be treated to a very special end of year class party, provided by the SRC. Keep those 5cent pieces coming in.

**Interesting fact** – The containers we are using, which are 440ml disposable plastic containers, hold approximately \$27 worth of 5cent coins. If each class fills one container, that is \$216. Some classes are on their third container! Well done and thanks to all those people who have sent their collections of 5cent coins in.

## Deadly Australians

Deadly Australians are visiting our school on Thursday 1<sup>st</sup> December, with 2 one hour sessions taking place. This programmed has been fully funded with CAP funds.

## Sydney Trip

On Wednesday, the '2011 Aspire Me to Imagine', Sydney tour departs for 4 action packed days. The 4 extremely fortunate year 5 students selected to participate this year are Grace Cook, Garry Lolicato, Emma Carter and Ned Martin. Once again, Mr Marsh has been asked to accompany the group. They will visit the Opera House for a performance, the NSW Art Gallery (Picasso Exhibition), the Australian Theatre for Young People Workshop, Manly beach, The Rocks, Darling Harbour and their highlight will undoubtedly be the 'Schools Spectacular' at the Sydney Entertainment Centre on Friday night. Huge thanks to Ms Vicki Kempton, our School Education Director, who puts together this wonderful opportunity, sources funding and makes it happen! We shall look forward to reading the reports in next week's newsletter!

## Stephanie Alexander Kitchen Garden Program

– extract from their newsletter

Is pleasurable food education a 'dangerous idea'? I was asked to speak about the Kitchen Garden Program at the Sydney Opera House's Festival of Dangerous Ideas at the beginning of October, on a panel entitled 'Why are we poisoning our children?' It was a most interesting discussion around processed foods and the power of advertising, and I was very pleased to be able to offer the model of the Kitchen Garden Program as an alternative to poor role models and powerful marketing campaigns.

This was just one activity in a varied schedule. As part of my role announcing the successful Queensland Program grant recipients, I was lucky enough to fit in visits to a number of Queensland Kitchen Garden Schools including Inala SS, Mansfield SS, Burleigh Heads SS and Currumbin Special School. Hot on the heels of this announcement was the National Program fourth round of grants announcement at Stanmore PS in Sydney. As always, I come away impressed with the drive and diversity of our schools, and

only wish I could visit more. Congratulations to all new Kitchen Garden Schools – we really look forward to sharing your kitchen garden journey with you.

Again I have been asked to make presentations on the Program for interested groups, including the Australian Education Union Conference and as a panel member for the Melbourne Writers Festival Philanthropy debate. I was also very honoured to receive the Rotary Vocational Service Award 2011 – another avenue to talk about the Kitchen Garden Program!

As always, a big thank you to everyone in our schools who do such an amazing job teaching our children the joy of good food – it is always such a pleasure to relay your stories to an increasingly curious and supportive public.

*Stephanie Alexander*

**A reminder that we are having a community meeting this Wednesday, at 7.30 pm, in our new kitchen area. PLEASE join us and share this journey as we take our first steps. Bring your friends!**

**There is much to be done and we need much community support to make it happen!**

## Local Schools Local Decisions

A significant meeting is being held at the Barham Club in the auditorium starting at 7pm tonight. Judy McGuinness and Murray Campbell (Principal, Barham High) will be presenting information on the State Government's *Local Schools Local Decisions* proposal. This is potentially the most significant change to public education in a generation and it is important that we are all informed and engaged in the discussions about these reforms.

Judy and Murray will be presenting the information about the proposal and will endeavour to answer any and all of your questions. All community members are encouraged to come along and to share your thoughts.

## Books

As the end of the year is fast approaching, can we ask all families to round-up all the **library books** and **readers** that belong to the school and return them? These are very valuable items for our school and we will shortly be conducting our library stock-take and sorting guided reading sets in preparation for 2012. Your assistance in returning these books will be greatly appreciated.

## Crunch and Sip

Congratulations to those classes who have successfully implemented this initiative into their daily routines. A reminder to parents that crunch & sip fruit and vegetables need to be unprocessed in any way – raw and nude food is the way to go! The greater the 'crunch', the better the food for exercising those core 'heavy' muscles.

**2011 INTENSIVE SWIMMING PROGRAM:** We will commence the intensive swimming program on Tuesday, 29<sup>th</sup> November. All students K-6 will be taught swimming skills appropriate to their level - from water discovery to stroke development and lifesaving skills. This will run over 2 weeks with lessons on Tuesday 29<sup>th</sup> November, Wednesday 30<sup>th</sup> November, Thursday 1<sup>st</sup> December, Monday 5<sup>th</sup> December, Tuesday 6<sup>th</sup> December and Thursday 8<sup>th</sup> December. Children in K/1Red, 1/2L, Yr 3/4C and Yr 5/6D, will complete their lesson from 1.15 – 2.00. Students in K/1 Blue, Yr 2/3B, Yr 4/5R and Yr 5/6M will swim at 2.00 – 2.45 pm.

Very close supervision of students will be maintained with groups of 10 children or less. **If you are able to assist in supervising a group, or know anyone who would be interested, please let the school know, either by phone, or fill in the slip below.** The more assistance we have, the better the program will run. It is imperative that students have a hat and wear it out of the water; block-out sunscreen will be used by all students and supplied by the school. All students are asked to bring their swimming costumes and a towel each day.

Included in the cost will be entry for the School Pool Party for Yr 3-6 students on Friday, 16th December when the children will also be at the pool from 9.30 am – 1.30 pm. Kinder, Yr 1 and Yr 2 students will be having their party at school.

The cost of bus transport to and from the pool will once again be subsidized by a wonderful donation from Murray Irrigation of \$10 per student.

The **total cost** per student for **bus transport AND pool entry is \$23.40 for Yr 3-6 students and \$19.20 for Kinder, Yr 1 and Yr 2 students.** However, if you have a family ticket to the pool you pay the cost of bus travel only, which is \$9.40 for Year 3-6 and \$7.20 for Kinder, Yr 1 and Yr 2 students. (Please indicate below).

Children will NOT be allowed to stay behind at the pool, unless their parent is present, for safety reasons. Children may purchase from the pool canteen only on the Pool Party day (snack food, NOT lunch) on Friday, 16th December. Please return the permission note and the money for bus and entry by **Tuesday, 24th November** to your child's class teacher.

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INTENSIVE SWIMMING PROGRAM - Permission Note      **Return to Class Teacher**

I give..... Year.....

I give.....Year.....

I give..... Year.....

I give ..... Year .....

permission to travel to and from the Koondrook Pool by bus and participate in the Intensive Swimming Program between Tuesday, 29<sup>th</sup> November and Thursday, 8th December. I further give permission for my child to participate in the pool party at Koondrook Pool on Friday 16th December.

I have enclosed \$23.40 per student (Yr 3-6) for **pool entry and bus** for the seven days.  
I have enclosed \$19.20 per student (K, Yr 1, and Yr 2) for **pool entry and bus** for the six days

I have enclosed \$9.40 per student (Yr 3-6) for **bus only** as we have a family pool ticket  
I have enclosed \$7.20 per student (K, Yr 1, and Yr 2) for **bus only** as we have a family pool ticket      TOTAL    \$.....

SIGNED.....  
(Parent/Guardian)

.....

I am willing to help out with swimming groups during the 2 week Intensive Swimming Program,  
and I am available on .....

SIGNED..... Phone.....

**P.S.** Now may be the time to consider applying for a **SEASON FAMILY PASS TO KOONDROOK SWIMMING POOL.**