

## BARHAM PUBLIC SCHOOL

2018 NSW Term 4 Week 3 Newsletter

29/10/2018

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- 'Cyber Safety' Student Session
- 'Cyber Safety' Parent Information Session
- *Questacon* Coming to Barham High School this week
- Parent Spelling Information Session in Wk 4
- Transition to Barham High School
- 2018 Intensive Swimming Program
- Stage 3 Excursion Reminder

### UPCOMING EVENTS

Mon 29 Oct	Cyber Safety session, Year 5/6 students
	Cyber Safety Community Information Evening at BHS Library
Tues-Wed 30-31 Oct	Curiosity and Powerful Learning PL, Griffith
Wed 31 Oct	<i>Questacon</i> at BHS (Year 5/6s, 10.00-11.20am)
Thurs 8 Nov	Principal Network Meeting
11-15 Nov	Stage 3 Excursion (Year 5/6 students - leaving Sunday)
Thurs 13 Dec	Year 6 Graduation Dinner
Tues 18 Dec	2018 Presentation Day

### PRINCIPAL'S MESSAGE

Welcome to Week 3.

Term 4 is a busy time with the priority being to continue planned, personalised learning and wrap up the learning in time for reporting. We have the Stage 3 excursion in Week 5 - just two weeks away! We have transition days for students, a couple of Information session organised for parents, professional learning for teachers and further school planning and reporting to complete.

Last week, Meg Durham joined our Year 6 for full day of thought-provoking learning. Meg then conducted an information session for parents in our community, organised as part of our commitment to supporting building strong partnerships with parents in developing capable young people who are independent, respectful, informed and creative citizens.

We hope you are enjoying exploring how students are learning in our new Spelling program with the Student Sound Chart issued to every family by our P&C. As a follow on from the information that went home, Mrs Sweeney and Mrs Buchanan will be leading an Information session at school for parents next week, Week 4. Look for details in this week's newsletter.

This week, Year 5/6 will enjoy *Questacon* at Barham High School. Thank you to the Science faculty for organising this wonderful opportunity for our students.

Year 6 Graduation Dinner will be here before we know it. Thank you to everyone who came along to the planning meeting. It was great to get this planning started.

Enjoy the week everyone.

*Catherine Peach*

### RAISING INDEPENDENT & RESILIENT LEARNERS & CITIZENS

Meg Durham from *Open Education* worked with our Year 6 students last week, focusing on wellbeing education. Meg set about opening the minds of our students to the potential they have to think in healthy and productive ways that will influence and guide how they respond and react to what life throws at them.

Meg had students think about many things, and some important messages for them:

- Acknowledge people by their names to show you care.
- Think about your choices, and how good are you at making the right ones.
- 'If it's to be, it's up to me'- teaching the children that they are the ones who decide on their own destiny.
- Energy check. Have you had enough sleep, nutrition, exercise, good relationships with friends and family and down time for yourself? These are key for our children to be ready for the day.
- Are you above the line or below the line? People who are 'above the line' take ownership for their actions, and they are accountable and responsible.
- 'Below the line' people blame others, have excuses and are in denial.
- Collaborate and learn to work in teams. Birds of a feather flock together.

- Communicate and encourage others to be their best.

Meg also conducted a Parent Information session. Thank you to everyone who came along and enjoyed this evening. We have received such positive feedback about Meg's informative and thought provoking presentation.

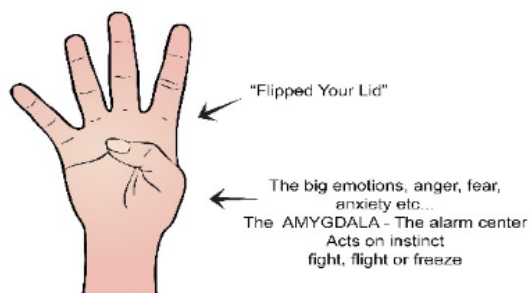


The evening provided practical tips to help parents support their children to become resilient and independent young people who are able to thrive at school and flourish in life.

Meg had some valuable messages for parents:

- Take care of self and be sure to recharge the battery (parents and children). Sleep is vital, as is eating well.
- Take a balanced approach to how you manage the behaviour of your children – find the balance between being 'too tough' and 'too soft'.
- Let children have a go and take risks. If you always do things for them, they will not learn. Working through their mistakes and challenges and mess is what helps them learn and remember.
- Understand your child's brain: the frontal lobe controls thinking, memory, behaviour and movement while the temporal lobe controls learning and feelings. Sometimes, parents have to be their child's 'frontal lobe' so that they can learn how to control their feelings

and emotional responses (when they 'flip their lid' as their 'big' emotions take over)



- Communicating is vital – communicate 'alongside' your children, not by 'talking at' them. Take the opportunity as you walk together side by side, travel in the car, or do things together to let your children chat. Listen.
- Remember that you have support – family, friends, teachers, community experts. You are not alone in raising your children.



The school extends thanks to Veronica and her staff at **Canvas, Coffee & Providore** for providing a great venue for Meg's session, and for catering for the evening. It was lovely to meet together outside of school to learn about what is dear to everyone – how best to support children as they grow and develop and become independent and resilient young people in the world.

### CYBER SAFETY – STUDENT SESSION

Keeping students safe is everyone's priority. To do this, it is vital that students are equipped with understandings and strategies that allow them to conduct themselves in safe and respectful ways – face to face and when socialising online.

Senior Constable Paul Ebsworth will run an Information session for our Years 5 and 6 students today so that they clearly understand their responsibilities when socialising face to face and online, especially as users of social media and online gaming, and the consequences of their actions when interacting online.

Being aware of what children are accessing online, and what they are doing, saying, hearing, and showing and seeing is vital. Online games and social media apps present unique challenges for children and parents. Be informed. Be aware. Be prepared to step in and act to keep your children safe despite what others are doing. Dare to be brave and not have them be part of unsafe trends and habits.

### CYBER SAFETY COMMUNITY INFORMATION SESSIONS TONIGHT

The Barham PS P&C and Barham HS P&C are proud to present an important Cyber Safety Information session for parents and carers **tonight** in the Barham High School library. Police Liaison Officer Senior Constable Paul Ebsworth is presenting from 6.00pm. Barham Public and Barham High P&Cs will be providing supper.

#### BPS & BHS P&C Associations

invite you to an

information session on

'Cybersafety'

With Paul Ebsworth

(Police Liaison Officer)

**Monday 29<sup>th</sup> Oct**

**@ Barham High School library**

**5.45pm for a 6pm start (approx. 1 hr duration)**

Refreshments available

**This is a parent/carers information session targeted to an adult audience and is not suitable for children.**

## **QUESTACON COMING TO BARHAM THIS WEEK**

*Questacon*, the National Science and Technology Centre, is coming to Barham High School on Wednesday, and our Year 5/6 students will be joining in the fun.

Class teachers and support staff will attend with the students from 10.10am until 11.10am. Students will walk to and from the High School with their teachers.

The school will cover the cost of each student. Thank you to the High School Science Faculty for including us in this event.

## **PARENT SPELLING INFORMATION SESSION IN WEEK 4**

Mrs Sweeney and Mrs Buchanan will be leading a Parent Information sessions about Spelling next Wednesday 7<sup>th</sup> November from 5pm until 6pm. The session will explain how Spelling is being taught in class, how the Sound Wave Student Charts work and how the chart is used to support students' spelling and writing in class and at home. Come along and be part of the fun!

## **TRANSITION TO BARHAM HIGH SCHOOL**

Students in Year 6 will enjoy four transition days of this term on the following dates:

- Wednesday, 28th November
- Wednesday, 5th December
- Monday, 10th December
- Tuesday, 11th December

Information about the format of the days will be issued by Barham High School.

## **2018 INTENSIVE SWIMMING PROGRAM**

All students will participate in the school's *Intensive Swimming Program* on Monday, Tuesday, Wednesday, Thursday of Weeks 7 and Week 8 this term. Lunch and Recess times will be adjusted for these days so that swimming lessons can happen in the afternoon session.

Full details and permission notes will be issued once all arrangements are confirmed. Families are asked to note the dates on the calendar.

## **TERM 4 WEEK 2 STUDENT AWARDS**



*Congratulations to the recipients of the Week 2 Awards.*



Mon 29 <sup>th</sup> October	Kaylene Wren
Tues 30 <sup>th</sup> October	Rae Farrant
Wed 31 <sup>st</sup> October	Jem Boyd
Thurs 1 <sup>st</sup> Nov	Juliana Main
Fri 2 <sup>nd</sup> Nov	Narelle McGowan

Mon 5 <sup>th</sup> Nov	No Helper Required
Tues 6 <sup>th</sup> Nov	Julie Estep
Wed 7 <sup>th</sup> Nov	Melissa Boyd
Thurs 8 <sup>th</sup> Nov	Brooke Hollins
Fri 9 <sup>th</sup> Nov	Natalie Hewett

*If you are unavailable, please arrange your own substitute, or contact Sonya at the canteen*

## Rescheduled Barham High School P&C Association AGM

30<sup>th</sup> October 2018, 7pm  
Barham High School – Room B1  
Secretary – Julie Frankling  
0429 841 699  
New members most welcome

## RSA Victorian Certificate

### Responsible Serving Alcohol

Sunday 9<sup>th</sup> December 1pm - 5pm

**\$90 includes afternoon tea**

**To be held at Koondrook Tennis Club  
62 Forest Street Koondrook**



**Bookings Essential please Contact:**

Cohuna Neighbourhood House Ph: 5456 4666

Maree Telford Ph: 0427 576 270



**Cohuna Neighbourhood House**

29 MARKET STREET Cohuna  
PHONE 03 5456 4666  
MONDAY—FRIDAY 9am—3pm  
nhcohuna@bigpond.com

KOONDROOK BARHAM CRICKET CLUB

## Woolworths Cricket Blast

**Starts 5pm Friday 2nd November 2018  
Barham Recreation Reserve**

- Recommended for kids aged 5 - 8
- All equipment supplied
- Learn new skills including catching, throwing and teamwork
- All kids get their own Blasters Pack and wear the colours of their favourite Big Bash heroes
- It's safe - we use plastic bats and a rubber ball

\$75

REGISTER ONLINE [PLAYCRICKET.COM.AU](http://PLAYCRICKET.COM.AU)

JUNIOR REGISTRATION NIGHT FRIDAY 26TH OCTOBER  
AT KOONDROOK CRICKET GROUND 6PM



## PORTSEA CAMP 2019

The 2019 Portsea Camp will be held  
Monday 2<sup>nd</sup> – Monday 9<sup>th</sup> January 2019  
For children aged 9-12 years.

*A week by the sea enjoying summer activities*

Application forms and more information available at the  
Gannawarra Library Service

Kerang ~ Quambatook

Cohuna ~ Leitchville

Email: [library@gl.vic.gov.au](mailto:library@gl.vic.gov.au)

Closes: **30<sup>th</sup> Nov 2018** (Extended)  
Inclusive cost \$383



*Support available for eligible families  
Residing in the Gannawarra, Wakool and Loddon Shires*

**Here is the registration link:**

<https://playcricket.com.au/club-finder/club-details?Id=6753>



## ENROLMENTS for 2019

If you have a child that will be attending school in **2019**, you are invited to contact our school for details of how to enrol. Families with children beginning Kindergarten in 2019 are already visiting our school for short sessions to familiarise them and their families with our school. There are five sessions planned for Term 4, and children's parents and carers are also welcome to attend.

**Legally, once a child turns 6 years of age, they need to be attending school.** If you are undecided about whether your child should begin school due to their birth date or readiness or maturity, please make an appointment with Mrs Peach (Principal) or Mrs Buchanan (Kindergarten Teacher) for further advice. Each child is different and we can help you make your decision. Children reach milestones at different ages, and taking advice from educators who have worked with enrolling students according to their development and learning needs will help you make an informed decision.

### **'TRANSITION TO SCHOOL' PROGRAM IN TERM 4**

- **Week 5, Tuesday 13th November** (2.00-2.50pm): Orientation to the school (a special activity for pre-schoolers and their families)
- **Week 6, Tuesday 20th November** (2.00-2.50pm): Story and craft activity (parents welcome to attend)
- **Week 7, Tuesday 27th November** (2.00-2.50pm): Story and Literacy-related craft (parents welcome to attend)
- **Week 8, Tuesday 4th December** (11.30am-2.50pm): Story and craft (Christmas and numeracy related) + Parent Information session (at 11.30am)
- **Week 9: Tuesday 11th December** (all day): A Day at School (with Kindergarten students in the classroom)

*BPS Information Packs* are available from the school office, and will be handed out during transition to families with children beginning Kindergarten in 2019.

*We look forward to meeting you.*

*Catherine Peach*  
Principal



## Koondrook Barham Football Netball Club

### Annual General Meeting

Monday 29<sup>th</sup> October

7.00pm Start

Football Club Rooms

Thank you for supporting  
**Footy Colours Day**  
2018



Fight Cancer Foundation and the Footy Colours Day Team  
would like to acknowledge and thank

*Barham Public School*

for Showing Your True Colours  
to support young learners living with cancer.

  
*Eric Wright*  
Managing Director



Proudly sponsored by  
**foxtel**



### Healthy Kids Bus Stop

Barham, Moulamein and Tooleybuc  
6<sup>th</sup>-8<sup>th</sup> November 2018



#### What is the Healthy Kids Bus Stop?

A **FREE** child health check for kids aged 3-5 years old. The program covers:

- ☐ A child health check
- ☐ Hearing check
- ☐ Oral health check
- ☐ Fine and gross motor skill assessment
- ☐ Speech assessment
- ☐ Food and Nutritional assessment

Local Aboriginal Health Workers will be attending on the day.

#### Why are health checks important?

Checks help to keep your kids happy, healthy, and identify lifestyle, development, or illness-related issues.



#### How do I book my child in?

Registrations are essential. Please call Royal Far West on 02 8966 8557 or send through a registration form to [outreachservices@royalfarwest.org.au](mailto:outreachservices@royalfarwest.org.au). A time slot will be selected that suits you and your child.

Please allow up to 2 1/4 hours for appointments.

#### Where will it be held?

Tooleybuc (6<sup>th</sup> November): Tooleybuc Football Club  
Barham (7<sup>th</sup> November): Riverside Reception Centre  
Moulamein (8<sup>th</sup> November): Moulamein Public School, 1<sup>st</sup> Brougham St

#### What do I need to bring?

- ☐ Your child's Blue Book
- ☐ Your child's hat
- ☐ Your child's drink bottle
- ☐ Snacks for your child

Registrations close Wednesday 31<sup>st</sup> October



Ronald McDonald Care Mobile



# CHRISTMAS FESTIVAL

## COLOURING COMPETITION

*Colouring sheets handed out with today's newsletter.*

*Please add your name and age to the back of your sheet. Once coloured in, your sheet can be returned to any of the following businesses:*

*C&G Variety, Trend Skate & Surf, Shoosh Barham by the 10th November and you will receive a thank you gift for participating.*

*Pictures will be displayed in shop windows in preparation for the Christmas Festival on 30th November, 2018.*

*Thank you on behalf of the Christmas Festival Committee 2018*





## The Koondrook Swimming Pool Inc

7 Thompson Street  
P O Box 137 Koondrook Victoria 3580

### APPLICATION FOR SEASON TICKETS 2018 / 2019

*This membership covers all admission to pool including School Swims, Morning Swims, Swimming Club etc.*

Please select membership type		✓
<b>Family Ticket</b> \$165.00	2 adults plus children (single parents may nominate other adults as guardians eg. Grandparent)	
<b>Adult Ticket</b> \$90.00	1 Adult	
<b>Student Ticket</b> \$60.00	Full time student (Primary, High School or Uni)- student card to be presented for Uni	
<b>Aged Pensioner</b> \$60	Age Pensioner (Seniors card not valid)	

**Replacement Membership Card Fee - \$5.00 – please do not mis-place this card – NO CARD, NO ENTRY (except for booked School Events)**

	Name	Membership No
<b>Adult 1:</b>		
<b>Adult 2:</b>		

Child	School	Age	Membership No

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Office Use Only:	
Date Paid:	___/___/___
Amount Paid:	\$ _____
Circle Payment:	Cash/Cheque, Direct Deposit/

**Direct Banking Details**  
**Koondrook Swimming Pool INC**  
BSB: 032 869 ACC: 55 0371  
Please email confirmation of payment to:  
[koondrookswimmingpool@bigpond.com](mailto:koondrookswimmingpool@bigpond.com)

*Please note: All rules of the pool are there for the safety of all pool patrons and to ensure that all swimmers can enjoy their time at the pool. Any suggestions or complaints should be sent in writing to The Koondrook Swimming Pool INC.*

STUDENT WELLBEING DAY PHOTOS.

