



BARHAM PUBLIC SCHOOL

2019 NSW Term 2 Week 4 Newsletter

21/05/2019

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In this week's issue ...

- Principal's Message
- School Cross Country
- State AFL Championships & Riverina Netball Trials
- Year 6 Leadership Event – BBQ Lunch
- 2019 Excursions
- PBL Reward Day this Friday

UPCOMING EVENTS

Wed 22 May	Curiosity & Powerful Learning (C&PL), Griffith
	Book Fair at school
Fri 24 May	PBL Reward Day
	Year 6 Leadership event – BBQ Lunch
Tues 28 May	Deniliquin Network C&PL Instructional Rounds
Fri 31 May	K-6 Assembly
	District Cross Country, Moulamein PS

PRINCIPAL'S MESSAGE

Welcome to Week 4. Students in Year 3 and Year 5 have had NAPLAN in Week 3 and Week 4. This week, we are completing the testing, with catch-up sessions for students who were away on our scheduled days. The testing has run well and students have been enjoying the on-line format.

Last Friday was a great day for our Cross Country event. Combining with Wakool Burraboi PS and Koondrook PS made the day a very special sports day. Thank you to Mr Marsh for his organisation and to everyone who helped out so that the races and catering ran smoothly.

This week, we continue our *Curiosity & Powerful Learning (C&PL)* journey, with our C&PL team participating in the next workshop with Professor David Hopkins in Griffith. C&PL is delivering important professional development opportunities for our teachers to enhance the learning of each and every student.

This Friday 24th May, some of our Year 6 students are running a barbeque as part of their leadership passport activities. See details in this newsletter. The students are looking

forward to running this activity, which was their idea for an activity for all students to enjoy.

In conjunction with this activity, students will enjoy a PBL reward – an ‘out of uniform/silly socks day’. Students are reminded to wear comfortable clothes and appropriate shoes for normal Friday sport and safe learning.

This week, we have students competing in the State AFL Championships and Riverina Netball. We wish Ryan, Ruby and Sienna well.

Enjoy the week ahead everyone.

Catherine Peach

SCHOOL CROSS COUNTRY

Our school's Cross Country Carnival was a wonderful day for our local community of schools. The run from Riverside Park in Barham, across the Bridge and around the Koondrook PS oval and back again is such a great track to run. Look for the report from Mr Marsh.



Year 1 Boys placegetters



Year 1 Girls placegetters



Kinder Boys placegetters



Kinder Girls placegetters



Year 2 Girls placegetters



Year 2 Boys placegetters



8/9 Years Boys placegetters



8/9 Years Girls placegetters



10 Years Boys placegetters



10 Years Girls placegetters



11 Years Boys placegetters



11 Years Girls placegetters



12 Years Boys placegetters



12 Years Girls placegetters



Junior Boys Age Champion



Junior Girls Age Champion



11 Years Boys Age Champion



11 Years Girls Age Champion



Senior Boys Age Champion



Senior Girls Age Champion

CROSS COUNTRY REPORT FROM MR MARSH

Last Friday, we held our school Cross Country Carnival down at Riverside Park. It was a glorious day weather wise, as we also hosted both Wakool Burraboi Public School and Koondrook Primary School.

The students were enthusiastic to run along the boardwalk, over the newly restored bridge, along the river and then around the grounds of Koondrook Primary School.

All the students participated well in the events. It was great to see them all compete against not just their peers but students from other schools.

A big thank you to all the staff who helped out during the day with marshalling, checkpoints or recording our results. Also a huge thank you to Natalie Hewett who ran the barbeque along with parent helpers.

Congratulations to the students who placed in their events and to our Age Champions.

The District Cross Country Carnival is in Moulamein next Friday, 31st May. A note will be issued to those eligible to compete.



STATE AFL CHAMPIONSHIPS

This week, Ryan Bassett will compete as a member of the Riverina AFL team at the NSW Primary Schools' AFL Championships in Peshurst, Tuesday 21st to Thursday 23rd May 2019. Congratulations on your achievement Ryan. Staff and your fellow students wish you well for the days of competition ahead.



RIVERINA NETBALL TRIALS

Today, Sienna Disher and Ruby Lake will be competing at the Riverina Netball Trials in Wagga Wagga. This is a great achievement for both girls to reach this level of competition, and staff and their fellow students wish them well for the carnival.



YEAR 6 LEADERSHIP EVENT – BBQ LUNCH

This Friday, a group of Year 6 students will be running a barbeque lunch for all students. This activity is part of their Leadership Passport activities from 2018, and an idea that they have proposed for their fellow students to enjoy.

Information is attached to the newsletter, including a Pre-order form. Be sure to **return orders by Thursday morning** so students can ensure they have enough supplies.



2019 EXCURSIONS

Excursions have been booked and organisation is underway for each of the Stage excursions coming up later this year.

- Stage 1 (#2): *Possum Magic* in Bendigo on 13 September (Term 3 – a second day trip for K/1/2 that takes them to see this beloved story performed live on stage)
- Stage 2: Sovereign Hill, Ballarat (in Term 4 on 4, 5, 6 November)
- Stage 3: Canberra, including snow day (Term 3 on 23-27 September)

Details will be issued in the coming days so that families can be prepared and organised for these valuable learning events.

Remember, there are different options available for parents to use when paying for the excursions – either paying in full or making part-payments periodically. Please contact Mrs Peach at school to discuss these options.

WHOLE SCHOOL ASSEMBLY

**Friday 31st May at 2.00pm
in Week 5**

To be led by Yr 4/5
Item K/1
All welcome!



Mon 20th May

Tues 21st May

Wed 22nd May

Thurs 23rd May

Fri 24th May

Desi Phillips

Melissa Boyd

Brooke Hollins

Ainsley Fyfe

Mon 27th May

Tues 28th May

Wed 29th MayThurs 30th May

Fri 31st May

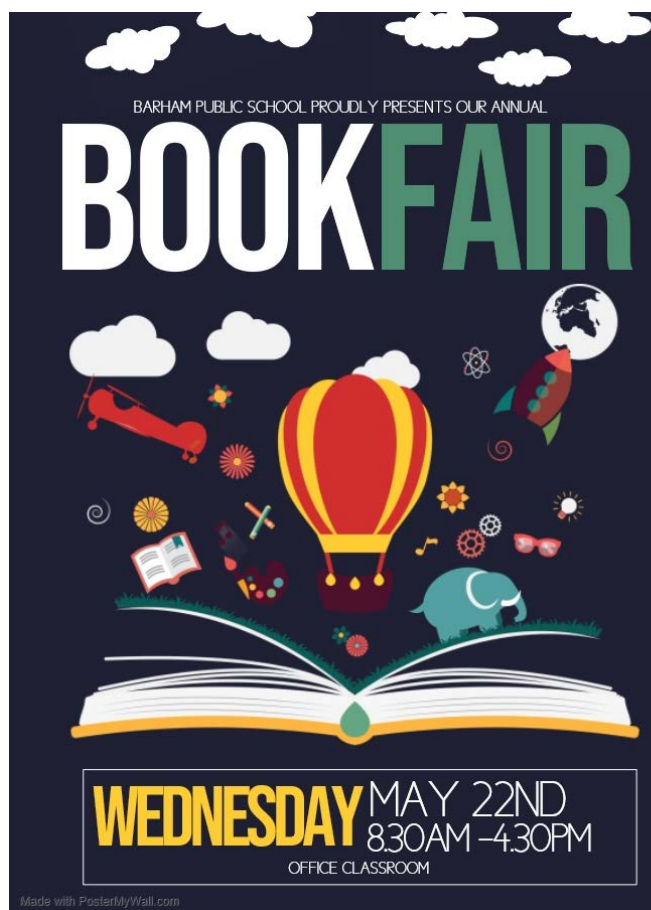
Whitney Weston

Helper Needed

Shannon Laursen

Sophie Lake

If you are unavailable, please arrange your own substitute, or contact Sonya at the canteen on 5453 2321



Northern District Community Health

Supporting healthy rural communities

Is your child a worrier?

Part 1 of a 5 week series providing steps to help you manage your child's anxiety.



Step 1: Explain anxiety

Anxiety in children is common, with almost 7% of Australian children aged 4-17 years of age experiencing an anxiety disorder in 2015. If your child is anxious they may struggle to explain how they feel. An important first step in helping your child manage their anxiety is explaining to your child how it works.

- Teach your child that the part of the brain that protects them from danger (the amygdala – pronounced *ahh-mig-dah-la*), is on high alert when they are feeling anxious.
- Explain that the amygdala sees danger, sometimes where there is none, and the body prepares to fight for life or flee from danger as if it's protecting them from a hungry lion.
- Discuss that the amygdala can't tell the difference between a hungry lion and public speaking or some other task they must face.
- Talk about the changes that happen in their body to power them up to fight or flee, including increased heart and breathing rates and the pumping of the blood from the stomach to the arms and legs, which can cause them to feel sick and even vomiting for some.

For more information check out the Parenting Ideas website [HERE](#)

www.ndch.org.au

What questions can you ask when you listen to your child reading to help them to understand what they are reading?

What is comprehension? There are two main components of reading – decoding and comprehension. Decoding is where we work out what the words SAY, and comprehension is where we work out what they MEAN. Students need to go beyond decoding to derive meaning from a text. To comprehend is to go beyond the word level to get to the big picture. There are lots of ways students can show us that they understand the text – recall information, give a response, answer questions, interpret pictures and make connections. Research has found that students, who are struggling to read, focus more on word accuracy than comprehension. Students are explicitly taught comprehension strategies in class. To reinforce student learning, parents are encouraged to utilise the following strategies at home when reading with your child.

Making Connections



Description

Learners make personal connections from the text with:

- something in their own life (text to self)
- another text (text to text)
- something occurring in the world (text to world)

Example questions/statements

Does this remind you of something? eg This story reminds me of a holiday to my grandfather's farm.

Has something like this ever happened to you?

Is this story similar to another text you have read?

Predicting



Description

Learners use information from graphics, text and experiences to anticipate what will be read/viewed/heard and to actively adjust comprehension while reading/viewing/listening.

Example questions/statements

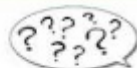
Looking at the cover, what do you expect this text to be about?

What do you think will happen next? Why do you think that?

What words / images do you expect to see or hear next in the text?

Were your predictions accurate? How do you know?

Questioning



Description

Learners pose and answer questions that clarify meaning and promote deeper understanding of the text. Questions can be generated by the learner, a peer or an adult.

Example questions/statements

Why did the character do something?

How did it make them feel?

What is the author's intended purpose when writing this text? eg

To inform, to entertain or to persuade.

Who's point of view is this? Who's point of view is missing?

Monitoring



Description

Learners stop and think about the text and know what to do when meaning is disrupted.

Example questions/statements

Is this making sense? Does this sound right? Does this look right? Do you need to re-read?

Should you slow down? Should you speed up?

What does this word mean? What can you use to help you understand? Does it make sense now?

Visualising



Description

Learners create a mental image from a text read/viewed/heard. Visualising brings the text to life, engages the imagination and uses all of the senses.

Example questions/statements

Can you describe a picture or image you made in your head when you read the text?

Summarising



Description

Learners identify and accumulate the most important ideas and restate them in their own words.

Example questions/statements

Can you retell the story? eg Who were the main characters, setting and sequence of events?

What did you learn from this informative text?

If you were to tell another person about the text, how would you describe it in a few sentences?

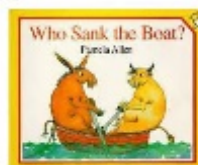
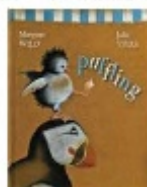
Popular Books to read with your children

Popular authors: Kinder

Anthony Browne, Jeannie Baker,
Margaret Wild, Mem Fox,
Lauren Child - Charlie and Lola Pamela Allen

Years 1 & 2

Billie B Brown Series Hey Jack Series
Boy v Beast Pokemon
Zac Powers
Magic Fairy Series



Popular Books 3-6

Years 3 & 4

Beast Quest EJ 12 Series

Go Girl Series

Diary of a Wimpy Kid Popular Authors:

Roald Dahl

Enid Blyton



Years 5 & 6

My Australian Story Series My Royal Story Series

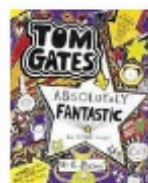
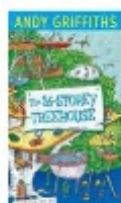
Diary of a Wimpy Kid

Tom Gates Series Goosebumps

Geronimo & Thea Stilton Series

Popular Authors: Andy Griffiths

Morris Gleitzman



PBL Reward Day

Out of Uniform

+

Silly Socks



Congratulations to our students on earning their first PBL reward for 2019. Together each day, students are working together to show Respect, Responsibility and Initiative.





BARHAM PUBLIC SCHOOL P&C

RAIN JACKETS AND VESTS

Our P&C has a stock of rain jackets and polar fleece vests for sale in the office.



Rain Jackets

Rain Jackets are \$30.00 each

We have sizes 8, 10, 12 & 14 in stock

(We are looking at ordering more size 6 and maybe also some size 4 jackets depending on interest. Please let the office know if you might like to order either of these sizes.)



Polar Fleece Vests

Polar Fleece Vests are \$10.00 each

We have sizes 4, 6, 8, 10, 12, 14, 16 in stock

Sausage Sizzle



**Barham Public School Year 6
Leadership event will be held on...**

Friday the 24th of May

Sausage in bread \$2

Prima \$1

Pre-order forms are in the
newsletter, have been sent home &
available from school.

Sausage Sizzle

Barham Public School Year 6 Leadership activity

This Friday, 24th of May.

Sausage Sizzle Pre-Order

Name:.....

<u>Item</u>	<u>Quantity</u>	
Sausage in Bread \$2.00 each		
Prima \$1.00 each		
		Total:

Name:.....

<u>Item</u>	<u>Quantity</u>	
Sausage in Bread \$2.00 each		
Prima \$1.00 each		
		Total:

Name:.....

<u>Item</u>	<u>Quantity</u>	
Sausage in Bread \$2.00 each		
Prima \$1.00 each		
		Total:

Please return to school by Thursday morning.

Thank you!