



BARHAM PUBLIC SCHOOL

2019 NSW Term 2 Week 10 Newsletter

02/07/2019

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- Principal's Message
- School Supervision
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UPCOMING EVENTS

Tues 2 Jul	Year 3/4 Division Lions Public Speaking at school
Wed 3 Jul	Year 5/6 Division Lions Public Speaking at school
Thurs 4 th July	Barham Teams Debate
Fri 5 Jul	K-6 Assembly – all welcome
	Last day of Term 2
Monday 22 nd Jul	Staff Development Day
Tues 23 rd Jul	First Day of Term 3 for students
5 th -16 th August	Stewart House
Tues 6 th August	Preschool transition visit
Fri 9 th August	High School Transition

PRINCIPAL'S MESSAGE

Welcome to Week 10 of term 2.

Our school conducted the Athletics carnival on Friday and it was a very successful day. A huge thankyou goes to Mrs Drysdale for her dedication in organising the event and to the teachers who supported her. We greatly appreciated the generosity of so many parents on the day. Congratulations to Ryan who broke a long standing school high jump record.

Although it is the last week of term, it will be bustling with activity as students compete at the school level of the public speaking competition today and tomorrow. Our two debating teams will conduct a debate adjudicated by the arts unit on Thursday afternoon to determine the team that will continue in the debating competition. Our final assembly for the term will be led by Year 1 /2 and Year 4/5 have a performance to share that is well worth attending.

Mrs Peach is continuing on leave next term. However, as always, I welcome your communication and encourage you to contact

the office to make an appointment if you would like to share a conversation.

It is hard to believe another term has flown by already. We are excited for the term ahead as our STEM share kit has arrived and is ready to put into action when we return. I wish you all a wonderful holiday and hope there is chance to recharge the batteries before an exciting term ahead.

Roslyn Buchanan

SCHOOL SUPERVISION

Staff begin morning supervision at 8.30am. Prior to this time there is no supervision in the playground. You are encouraged to assist your child to arrive at school after 8.30am when they can enter the playground and join their friends for morning play.

Children arriving before 8.30am are asked to sit on the silver seats until the rostered teacher begins his or her morning duty. Thank you for supporting us to help your child have a happy and safe start to the school day.

SCHOOL TRANSITIONS

To support our student to transition into Kinder and High school, we conduct comprehensive transition programs with the local Preschool and High School. These transition programs have already begun with Meagan Bond, the Head Teacher Transition, visiting our school last term to get to know the students. The Year 6 students will be visiting the high school for full days next term beginning with the 9th and 16th of August.

Mr Marsh has also started the transition to school program with the Preschool as well, conducting a parent information session at

the preschool and on Friday he will be attending the Preschool excursion to get to know the students before they start their transition to school activities. Attached to our newsletter is this list of the upcoming transition activities dates.

THE MAD FOOD SCIENCE PROGRAM

The P&C have supported a school incursion that is planned for the 19th of August. Permission notes about this event will be sent home shortly.

The Mad Food Science Program is a fun, interactive educational incursion, that uses quirky experiments to get children to understand key health messages.

The main objectives of the program are to teach students:

- to take responsibility for what they put in their mouth
- to taste food with their tongue, not with their eyes
- why their body needs a rainbow of fruit and vegetables
- how to read food packets, and why real food is so much better
- how food can affect their mood, concentration and behaviour
- how to start positive conversations about healthy food at home
- to make better choices together with parents – at home, and in lunchboxes

The Program features thought-provoking conversations, engaging experiments, and a taste-test for every student. Students regularly change their behaviour around food immediately after attending the program.

Concepts covered include the following:

- Understand your body, why it is different to everyone else's and responds differently to different foods
- Learn how food can affect mood and concentration
- Explore the differences between real food and processed food, and why our bodies need more real food
- What do packet labels actually mean, and how to read them;
- Why it's important to talk about food with parents.

MAD FOOD SCIENCE NEWSLETTER

Good Lunchbox Food = Great Students

Did you know that your child's lunchbox has a DIRECT impact on how well they behave and concentrate in the classroom?

The Mad Food Science Parent Event is coming to Barham Public School next term. It's a wonderful opportunity to learn about what's really in your child's lunchbox food, and how it might be affecting their ability to learn well at school.

You'll also learn how easy it is to make healthy changes to your child's lunchbox, and help your child be their best in class.

Make sure you attend the Mad Food Science Parent Event on Monday 19th August, 2019.

BPS ATHLETICS CARNIVAL

Last Friday we held our school athletics carnival, incorporating both track and field events, at the school oval. The students gave their very best, running, jumping, throwing, putting and cheering. It was lovely to see so many families there to share the day with us, and we would like to say a big thankyou to those parents who volunteered to help at events. Days like these do not just happen and it is lovely to all work together to support our school and students. Thankyou as well to Wayne, our GA, for making sure our oval was in great condition to hold the carnival at school. The winning house for the day was Monash, by a narrow margin.

Congratulations to our age champions and well done to all the students for their behaviour, effort and sportsmanship across the day.

Age Champions:

Junior girls- Abby Forster, runner up- Ayla McGowan

Junior boys- Brodie Hall, runner up- Noah Elliott

11 yrs girls- Eva Jones, runner up-Summer Starr

11 yrs boys- Adam Pretty, runner up- Kade Taylor

Senior girls- Ruby Lake, runner up- Sienna Disher

Senior boys- Ryan Bassett, runner up- Xavier Leonard



Junior Girls - Runner up and Age Champion



11 Years Boys – Runner Up and Age Champion



Junior Boys – Runner up and Age Champion



Senior Girls – Age Champion and Runner Up



11 Years Girls – Age Champion and Runner Up



Senior Boys – Runner Up and Age Champion

P&C MEETING

Tuesday 13th August, 2019

7.30pm

All Welcome

CLAIM A SECOND ACTIVE KIDS VOUCHER FOR YOUR CHILD.

Please see the link below if you are interested in seeing if you are eligible to obtain an active kids voucher for your child.

<https://www.nsw.gov.au/news-and-events/news/claim-a-second-active-kids-voucher-for-your-child/>

STAGE 3 EXCURSION

Stage 3 Excursion intention to attend and deposit are now due.



Mon 1st July

Tues 2nd July

Wed 3rd July

Thurs 4th July

Fri 5th July

Helper Needed

Maree Telford

Alleena Burger

Ainsley Fyfe

If you are unavailable, please arrange your own substitute, or contact Sonya at the canteen on 5453 2321

APPLE MUFFIN RECIPE FROM THE KITCHEN

Ingredients

2 cups self-raising flour

1 tsp cinnamon

½ cup caster sugar

1/3 cup (80ml) olive or vegetable oil

1 egg

1 cup milk

1 red apple grated.

Method

1. Preheat oven to 180c and place paper cases in muffin tray (12 large or 18 cupcake size).
2. Sift flour and cinnamon into a large mixing bowl. Add caster sugar.
3. In a glass jug, measure out oil and add egg. Whisk to combine.
4. Pour liquid into dry ingredients and mix until just combined.
5. Stir in apple.
6. Spoon mixture into paper cases.
7. Bake for 20-25 minutes until skewer inserted into the muffin comes out clean.

These have been a massive hit when cooked with our kitchen classes.

DEFIBRILLATOR

Our school has been successful in a recent grant application for a defibrillator from TransGrid's Community Partnership Program. The new defibrillator has been purchased and is placed in the Office foyer of our school.

The defibrillator is available to everyone within the school community and broader community. The defibrillator unit we have

purchased has paediatric pads, as well as adult pads.

TransGrid's Community Partnership Program provides funding for initiatives that deliver lasting benefits to communities in which we work and live, and is part of our ongoing commitment to build positive relationships and support our local communities.

A huge thank you to TransGrid for approving our grant application.



YEAR 3/4 LIONS PUBLIC SPEAKING



Congratulations to Matilda Hollins who was awarded the Lions Public Speaking Year 3/4 Most Outstanding Speaker today and also to Lachlan Brear as our runner up in this event. Great work!

Local Health Medical Trust presents

Lunar Landing Ball

With one small step for man,
take a giant leap for Barham...

SATURDAY 20 JULY, 2019

**7.30 PM START
BARHAM GOLF CLUB
\$90 PER PERSON,
INCLUDES SUPPER
DRESS: 60'S ERA
OR SPACE THEME!**

**ENTERTAINMENT BY JASON WALL BAND
TICKETS AVAILABLE ONLINE VIA
WWW.TRYBOOKING.COM/BCJRY
OR CALL MAREE ON 0427 576 270
A FUNDRAISER FOR LOCAL
MEDICAL & ALLIED HEALTH SERVICES**



VISITING
KOONDROOK & BARHAM
SUNDAY 14TH JULY

LEXUS MELBOURNE CUP TOUR

BARHAM

Riverside Park 11am
Welcome the Cup and see
it join the flotilla to head
across to Koondrook

KOONDROOK

Apex Park 12pm
Welcome the cup Wharf side
Photo Opportunities
Free Entertainment
Whip Cracking
Food Stalls
Activities for the Kids
Roy Higgins Red Gum Statue
Unveiling
Bring a chair and sit back and
enjoy the festivities

Q&A EVENING

cluBarham 7.00pm
VRC Racing Identities
Photo Opportunities
Phantom Race Call
Grazing Platters



For more information visit www.barhamkoondrook.com.au
Q&A Tickets \$30 cluBarham 5453 2159
Rulcify's Kerang 5450 3740 Kazz's Heals Cohuna 5456 2164





DIABETES INFORMATION DAY

Diabetes is the epidemic of the 21st century and the biggest challenge confronting Australia's health system. Around 1.7 million Australians have diabetes.

- 280 Australians develop diabetes every day. That's one person every five minutes
- It is the fastest growing chronic condition in Australia
- More than 100,000 Australians have developed diabetes in the past year

HAVE YOU OR A FAMILY MEMBER OR FRIEND, BEEN DIAGNOSED WITH DIABETES?

HOW DO YOU KNOW THAT YOU DON'T HAVE DIABETES?

	<p>A FREE INFORMATION DAY IS BEING HELD TUESDAY JULY 16TH AT BARHAM RECEPTION CENTRE 9:30am – 2pm R.S.V.P by July 10th for catering purposes 0418 686 409</p>	
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The following presenters will give a series of short talks outlining their work in the field of Diabetes.

Presenters: Medical Centre Nurse, Diabetic Educator, Dietician, Optometrist, Podiatrist, Dentist

Supported by Barham Lions Club and Barham-Koondrook CWA

Barham Public School KINDERGARTEN TRANSITION PROGRAM

TASTER SESSIONS IN TERM 3



Tuesday 6th August 10.30am – 11.30am:

Playground play

Bring a hat and small recess snack.

Tuesday 20th August 10.00am –

11.00am: Library

Friday 23rd August 9.30am: Book Week

Parade Come dressed up as your favourite book character. This year's theme is 'Reading is my secret power'.



Tuesday 3rd September 10.00am –

11.30am: Kitchen and Garden and recess play.

Bring a hat.



Tuesday 17th September 10.00am-

11.30am: Classroom experience and sport.

Bring a hat and small recess snack.

Friday 20th September 2pm: Whole

School Assembly



Barham Public School KINDERGARTEN TRANSITION PROGRAM



ORIENTATION IN TERM 4

Friday 8th November 2pm: Whole School Assembly

Friday 15th November 2pm: Orientation activity. Come along with your child to learn more about the school with an orienteering activity.



Friday 22nd November 8.50am – 11.30am : Drop your child off for a classroom literacy session and recess. *Bring a hat, crunch and sip snack and recess packed in your school bag.*



Friday 29th November 8.50am- 2pm: Drop your child off for a classroom literacy session, recess, numeracy session and lunch play. *Bring a hat, crunch and sip snack, recess and lunch (packed school bag).*

Friday 6th December 8.50am- 3pm: Drop your child off for a full day at school. *Bring your packed school bag.*

Monday 9th and Tuesday 10th December
Drop your child off or send them on the bus for a full day at school. *Bring your packed school bag.*

