



BARHAM PUBLIC SCHOOL

2019 NSW Term 1 Week 5 Newsletter

26/02/2019

E: barham-p.school@det.nsw.edu.au

T: 03 54 532 133

F: 03 54 532 972

www.barham-p.schools.nsw.edu.au

In this week's issue ...

- › Principal's Message
- › Parent-Teacher Meetings
- › Free Dental Check & Fluoride Treatment
- › Our School Leaders
- › Cooking in the Kitchen Begins
- › 2019 School Fees & Levies
- › 2019 Excursions & Payment Plans
- › PSSA District Swimming Carnival
- › Out & About Learning at School
- › National Day Of Action Against Bullying

UPCOMING EVENTS

Fri 1 Mar	District Swimming Carnival, Swan Hill
Tues 12 Mar	<i>Curiosity & Powerful Learning</i> , Network Meeting
Wed 13 Mar	Riverina Swimming Carnival, Albury
Tues 19 Mar	Best Start Training, Deniliquin
Wed 27 Mar	Finance Training, Deniliquin

PRINCIPAL'S MESSAGE

Welcome to NSW Week 5. It has been a busy start to the year as teachers and students settle into their learning routines and participate in the flurry of sporting events in Term 1. Parent-teacher meetings are an important part of first term activities and it was great to see so many families coming in to meet their child's teacher. Parents can make an appointment this week if they were unable to attend during the allocated times last week. Contact the school to make an appointment.

Professional development is part of our school's commitment to achieving improvement for every student, every teacher, every leader and our school, every year. Teachers are continuing to reflect on and develop the teaching protocols of our school and to consistently apply school values and expectations that staff have identified as important to developing a positive and productive learning environment and culture.

Teachers have analysed a range of data to identify the teaching practices that will be the focus of professional learning this year. A program of *action learning* is in place to support teachers' professional growth in

these identified areas of practice. This *action learning* will involve teachers working together and with other teachers across our network to reflect on their current practice, collaboratively planning to incorporate 'best practice' teaching strategies and protocols, and teachers participating in a schedule of peer observations and constructive feedback and reflection to promote the professional growth of every teacher at our school.

This year, Mrs Buchanan is acting as Instructional Leader, supporting all teachers to address the priorities of our School Plan. Mrs Buchanan is currently setting up our *Learning Hub* that will be the centre of our professional learning activities and the collaborative processes that underpin the school's commitment to improving student outcomes. As Instructional Leader, Mrs Buchanan is in classrooms every day working alongside classroom and support teachers, and is working as part of the school's leadership team to implement the improvement processes set out in our 2018-2020 School Plan and evaluate the impact of the planned processes. The Instructional Leader role is a vital component of our improvement journey and builds on the role that Mrs Sweeney played last year in facilitating change and growth for our teachers and school.

This week we have students headed to the District Swimming carnival. Mr Hovenden is attending as our team manager. Schools are asked to provide helpers on the day so Mr Hovenden will appreciate parents giving some time on the day to time-keep.

There is a lot happening. Take the time to enjoy all that Week 5 offers.

Catherine Peach

PARENT-TEACHER MEETINGS

It was wonderful to see so many parents and carers meeting up with teachers last week. Thank you, teachers and families, for taking the time to be part of this information sharing.

Research shows that a positive working relationship between teachers, parents and students is critical to foster student achievement and progress. Having parents and carers and teachers involved in discussion about students and how to support them, is an important part of building these positive relationships and partnerships in learning that benefit the student, your child.

It is not too late for parents and carers to meet with teachers. Contact the school to make an appointment.

FREE DENTAL CHECK AND FLUORIDE TREATMENT AT SCHOOL

Our school will soon be having a visit from a dental team from Murrumbidgee Local Health Dental Service. This team will be presenting some oral health education sessions in the classrooms.

They will also be offering all students a dental check-up and a fluoride treatment. The check-up will give you information about your child's dental health.

If they find that your child needs some dental treatment or further investigation at a Dental Clinic you will be offered an appointment at the public dental clinic at the Deniliquin or Berrigan Hospital. This treatment will be free of charge.

On the same day your child can also have a fluoride varnish treatment that gives their teeth some protection from developing tooth decay. We will send home an Information Letter about the fluoride varnish

and a **Consent Form** this week that allows you to consent to both or only one part of this program.

It is essential that you fill in all of the form for your child. The MEDICARE NUMBER is required on the form before the dental check can be performed.

If you have any questions you please contact the school. You can also attend the school on the day of the dental visit and talk to the dental team.



Barham Public School

The dental team will visit our school on Tuesday 2nd & Wednesday 3rd April

OUR SCHOOL LEADERS

School Captains, Prefects, House Captains and Vice Captains, Library Monitors and SRC members, were inducted at a special assembly on Thursday, 14th February. These young people are looking to represent their fellow students, lead through their actions as an individual, set an example for others and be positive, enthusiastic school citizens.



School Captains and Prefects



House Captains and Vice Captains – Monash



House Captains and Vice Captains – Rosen



SRC Representatives – absent Yr 4/5 Rep



Library Monitors

COOKING IN THE KITCHEN BEGINS

After first inducting students into the kitchen in the first few weeks of term, where students learned about safety, hygiene and etiquette, Mrs Lake has started cooking in the kitchen this week.



Yesterday Year 3/4 had their first cooking lesson for the year. As you can see by the photo the Apple Pie was delicious.



2019 SCHOOL FEES & LEVIES

School families will receive a letter this week explaining the fees payable for 2019. The fees are made up of voluntary and fixed levies, and help the school fund important aspects of learning programs and school activities.

Please contact Mrs Peach if you have any questions about these fees or levies or wish to discuss a payment plan.

2019 EXCURSIONS & PAYMENT PLANS

The 2019 excursion planning will begin this week. School families are welcome to begin a payment plan to cover the anticipated costs. Costs will be confirmed as soon as possible but the payment option can begin now.

Any monies paid will be receipted against the student's excursion. Parents can pay fortnightly or monthly to save towards the costs of their child's excursion, or according to a personal plan that best suits family circumstances. Families requiring support are asked to discuss these options with Mrs Peach before the end of Term 1.

PSSA DISTRICT SWIMMING CARNIVAL

The PSSA District Swimming Carnival is on this Friday 1st March, at the Swan Hill Outdoor Pool. Thank you to all the parents who have volunteered to help out on the day. Please see below for your allocated timeslot.

Time	Parent/Helper
9:30-10:30	Sophie Lake & Carolyn Lake
10:30-11:30	Mandy Anthony & Narelle McGowan
11:30-12:30	Shannon Laursen & Jem Boyd
12:30-1:30	Jem Boyd & Emma Salter

OUT & ABOUT LEARNING AT SCHOOL



Mr Marsh and his K/1 students spent some learning time outside today, looking for different shapes within our grounds. They were having lots of fun learning new things.

NATIONAL DAY OF ACTION AGAINST BULLYING

Our school has once again registered for the **NATIONAL DAY OF ACTION AGAINST BULLYING** being held on **Friday 15th March** this year.

Schools across Australia will be involved in marking this special day, and incorporating the resources and strategies available to

enhance our school's approach to teaching and promoting the anti-bullying message.



The *National Day of Action against Bullying and Violence (NDA)* is on Friday 15 March 2019. Our students will be involved in activities that focus on developing their understanding of bullying – what bullying is, the impact of bullying and learning ways to deal with and combat bullying. Students, teachers and school families are together working to show that we do not accept or tolerate bullying at our school.

Bullying. No Way!

K/1 INFORMATION SESSION

K/1 (Mr Marsh) will be holding an information session regarding home reading and homework next Monday, 4th March 2019 at 3.15pm in his classroom.

Parents of students in this class are invited to attend.

K/1 INFO MEETING

Monday 4/3/19

at 3.15pm



Mon 25th Feb
Tues 26th Feb Desi Agelakis
Wed 27th Feb Melissa Boyd
Thurs 28th Feb Brooke Hollins
Fri 1st Mar Ainsley Fyfe

Mon 4th March
Tues 5th March Whitney Weston
Wed 6th March Julie Estep
Thurs 7th March Shannon Laursen
Fri 8th March Natalie Lake

If you are unavailable, please arrange your own substitute, or contact Sonya at the canteen on 5453 2321

Barham Public School P&C

FIRST AID COURSE

When: Wednesday 27th and Thursday 28th March 2018

Where: Barham Public School

Time: 6pm – 10pm

Cost: \$155 Full course – 2 nights
HLTAID003



A minimum of 10 participants needed for the course to run.

Please call Melissa Boyd, 0400 174513 for bookings and enquiries.

Barham Public School P&C

REFRESHER FIRST AID COURSE

When: Wednesday 27th March 2018

Where: Barham Public School

Time: 6pm – 10pm

Cost: \$85 to refresher – 1 night
HLTAID003 continuous learning



Please call Melissa Boyd, 0400 174513 for bookings and enquiries.



**BHS SLR
TRIATHLON**

Sunday 10th March 2019

SPRINT

600metre swim
20km bike ride
5km run

FUN

66metre swim
3km bike ride
500metre run

MIDDLE DISTANCE

200metre swim
8km bike ride
2km run

Registrations Now Open!

Check us out on Facebook

<https://www.facebook.com/SLRTriathlon/>

Email

bhssltriathlon@hotmail.com

Wakool Preschool Presents



The
Mik
Meks

FREE
DROUGHT
RELIEF
EVENT

ROCK Wakool

Wakool Town Hall, Laperouse st, Wakool NSW 2710

Friday 5th April, 5pm Show

Contact Wakool Preschool (03) 5887 1122

*This event is supported by funding from Murrumbidgee Primary Health Network through the Australian Government's PHN Program and Empowering Communities program.



NDCH

Northern District Community Health

Supporting healthy rural communities

Fancy Sugar with That?

Can you imagine eating 13 teaspoons straight out of the sugar bowl? I know that seems crazy, but that is what you are doing when you drink a 600ml flavored DARE Iced Coffee Mocha! A small Prima juice box will give your child over 4 teaspoons of added sugar!

In Australia 1 in 4 children and 1 in 2 adults overweight and/or obese. We also have high rates of tooth decay in Loddon and Gannawarra. Removing sugary drinks from your regular diet can help reduce the risk of obesity and tooth decay.

To cut your added sugar intake from drinks:

- Make water your drink of choice and save the sweet stuff as a treat.
- Check nutrition labels: every 4g of sugar = approximately 1 teaspoon of sugar.
- Aim for less than 6 teaspoons of added sugar a day for females and less than 9 teaspoons of added sugar for males per day.

Here's the scoop on the number of sugar-loaded teaspoons in some popular drinks. Shocked by how they stack up? We are, too!



www.ndch.org.au