



BARHAM PUBLIC SCHOOL

2019 NSW Term 1 Week 8 Newsletter

19/03/2019

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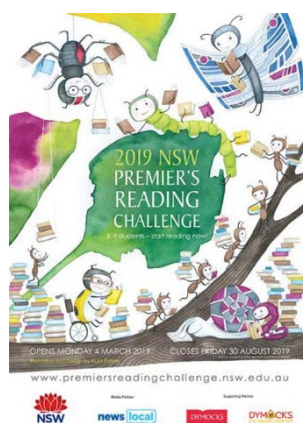
UPCOMING EVENTS

Mon-Fri Week 8	Week Gr8!
Tues 19 Mar	Best Start Training, Deniliquin
Thurs 21 Mar	Western Riverina AFL Trials, Leeton
Fri 22 Mar	K-6 Gratitude Assembly – all welcome! HEEL Hub Meeting
Tues 26 Mar	Year 5 NAPLAN Online practice
Wed 27 Mar	K/1/2 Excursion Finance Training, Deniliquin
Tues 2 Apr	Year 3 NAPLAN Online practice
2 & 3 Apr	Dental Clinic
Wed 10 Apr	Debating Workshop, Deniliquin

PRINCIPAL'S MESSAGE

Welcome to Week 8.

This week is a special week for our Student Representative Council (SRC). SRC members are running '*Week Gr8 - Gratitude Week*'. The week is an opportunity to be thankful for people in our lives, the opportunities and freedoms we have and all we are able to do. It is a chance to show thank and appreciation, and to make everyone feel appreciated, valued and happy in the moment.



Students are being encouraged to be part of the Premier's Reading Challenge. We hope families are enjoying reading together and hearing about what students are reading.

Last Friday was the *National Day against Bullying and Violence*. Classes completed activities to learning about bullying and what they can do to make our school a place where bullying is not tolerated and we work together to say ... 'Bullying. No Way!'

As a school staff, we are proud to embrace diversity, tolerance and acceptance, and to support each and every student so that they too display values that allow everyone to be safe and happy at school.

Have a wonderful week everyone, where you are shown kindness, appreciated, valued, included and happy.

Catherine Peach



Barham Public School

**The dental team will visit our
school on Tuesday 2nd &
Wednesday 3rd April**

SRC's GRATITUDE WEEK – WEEK Gr8!

This week, the Student Representative Council (SRC) is conducting **Gratitude Week**, a week full of activities exploring the concept of 'gratitude'.

The SRC will conduct activities during lunchtime on Monday, Tuesday and Wednesday. They will be showing gratitude to others with 'Compliments Monday', organising games at lunch for others to enjoy on 'Sporting Tuesday', and hosting a disco for students K-6 on 'Disco Wednesday'. This is the SRC's way of showing kindness, being thankful, showing appreciation and encouraging friendship across the whole school.

On Thursday, all students K-6 will work together to learn more about gratitude. They will rotate in mixed age groups and enjoy learning with students from across all grades, and all the teachers.

Activities on Thursday will include:

- ❖ Gratitude Diaries: individual diaries to express emotion and gratitude.
- ❖ Gratitude Jars: making a grateful jar for each classroom.
- ❖ Gratitude senses: how we perceive and sense gratitude.
- ❖ Gratitude trees: growing messages of gratitude
- ❖ Gratitude through art making.

On Friday, students will wrap up their week with a whole-school assembly. Families and friends are invited to attend.

Be thankful! Show appreciation!

Be kind! Feel good!



2019 EXCURSIONS

PAYMENT PLANS

Parents/carers are invited to begin making payment for their children's 2019 excursions.

Families can pay fortnightly or monthly to save towards the costs of their child's excursion, or according to a personal plan that best suits family circumstances.

Ask at the office for details.

DISTRICT AFL TRIALS

Last Friday, students in years 5/6 from Barham, Moulamein, Wakool Burraboi and Tooleybuc participated in the District AFL Football trials here in Barham. Students demonstrated their skills and teamwork through a variety of match style drills.

All of students showed great sportsmanship, endeavour and encouragement towards each other, and the students from the other schools. Congratulations to those who have been selected to represent the Moulamein PSSA District at Western Riverina Football trials this Thursday in Leeton.

District PSSA Team:

Mitchell Lowry	Wakool Burraboi
Ryleigh Wilkinson	Moulamein
Lenny Ivers	Moulamein
Max Morvell	Moulamein
Jacob Skipsey	Moulamein
Rhys Wilson	Moulamein
Archie Miller	Moulamein
Will Patten	Barham
Ryan Bassett	Barham
Parker O'Neill	Barham
Will Robinson	Barham
Tansiha Dick-O'Flaherty	Barham
Dan Lake	Barham
Kynan Laursen	Barham
Kade Taylor	Barham
Clay Watts	Barham
Murray Robinson	Barham
Ashby Rogers	Tooleybuc
Murdoch McKenzie	Tooleybuc

Congratulations to these students. We wish them well at the next level of competition. Thank you Mr Marsh for organising the trials and being team manager in Leeton on Thursday.



PSSA DISTRICT NETBALL TRIALS

On Friday, 15th March, Barham Public School hosted the PSSA District Netball trials. From these trials, the Moulamein PSSA District team was selected. These girls will now have the chance to gain selection in the Western Riverina trials held in **Narrandera** on **Thursday, 2nd May 2019**.

PSSA District Team:

Sienna Disher	Barham
Ruby Lake	Barham
Jacinta Sleep	Barham
Claire Polkinghorne	Barham
Molly Ryan	Barham
Summer Starr	Barham
Remi Lake	Barham
Ella Hall	Barham
Chloe Wilson	Moulamein
Mia Bennett	Moulamein
Prue Harper	Balranald

Congratulations to these students on being selected to compete at the Western Riverina Trials. Students who have made the team have been given an information and permission note. We wish them well at the next level of competition.



Thank you to Mrs Disher for her organization of the event, and to Mrs Mathers and Jenny Hare for assisting.

NAPLAN ONLINE

A reminder to parents and carers that this year, students in Year 3 and Year 5 will complete NAPLAN Online.

Our students will have a practice run at the online test before next term.

- **Week 9 Tuesday 26 March: Year 5**
- **Week 10 Tuesday 2 April: Year 3**

Students will complete a 45minutes test that gives them a taste of the look and feel of the NAPLAN Online test format.

NAPLAN assesses literacy and numeracy – important skills that each child needs to succeed in school and life. The NAPLAN tests are designed to help us make sure students are on track with their literacy and numeracy development. Students in Years 3, 5, 7 and 9 participate in NAPLAN tests for reading, writing, conventions of language (spelling, grammar and punctuation) and numeracy.

Between 14th May and 24th May, our school will participate in NAPLAN Online. Students do not need to be computer experts to take the NAPLAN test online. Making sure students have computer skills is part of our school

curriculum, and our teachers will ensure your child is familiar with the online format. To see the types of questions and interactive features of NAPLAN Online, visit [the public demonstration site](#).

For more info:

- [How to support your child during NAPLAN](#)
- [information for parents and carers](#)
- [Watch a video that explains NAPLAN Online](#)
- [Subscribe to ACARA's monthly parent newsletter, Parent Update](#)

If you have any questions about NAPLAN Online, please contact Mrs Peach at school.

OUR LEARNING HUB

Teachers are embracing the opportunity to collaboratively build and enhance their teaching practice. Teachers collaborate in Stage and cross-Stage groups, and with Mrs Buchanan our Instructional Leader, to explore and put into action teaching practices that research shows have a significant positive impact on student outcomes.

As a result, classrooms are busy and productive learning spaces where teachers are explicitly instructing and each student is supported and challenged to improve.





BULLYING. NO WAY!

Each class spent time last week learning about bullying.

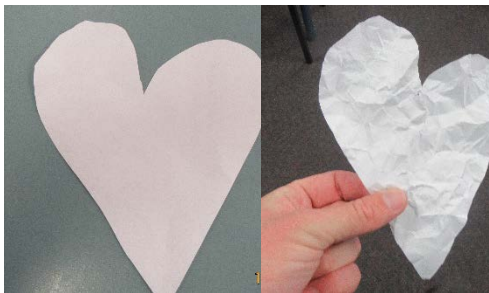
Kinder/Year 1: Students looked at what being a good friend means. They first talked to one another about what makes a friend and came up with a secret friend handshake. The students then listened to an online reading of the story, "Stick and Stone" and looked at how friendships are made, how to stand up for their friends and how to look after each other. The students then completed a piece of artwork and placed a slogan related to the story onto their piece of art.

Year 1/2: Students spent time looking at what different feelings look and feel like and how when they act on these feelings, their words and actions can have an impact on others. Students considered how 'nasty' words and actions can affect others, and then worked together to develop anti-bullying messages.

*No bullying in our school!
You have a choice – choose kindness*

Year 3/4: Students discussed what they understood bullying to be, and came up with their own definition for bullying, and compared that to the definition on the 'Bullying. No Way!' website. Students also discussed different types of bullying (e.g. online) and different strategies they could use to stop the bullying.

Students role played being mean to a 'heart shape' and see how when it was hurt (crumpled up) saying nice things helped to make it feel better (slowly opening it back up). Students saw that while the heart was the same shape, it was wrinkled, not quite the same as before. This is what bullying does. The person who has been bullied may look the same, but the effect of the bullying never goes away.



Before you speak:

THINK

T = Is it True?

H = Is it Helpful?

I = Is it Inspiring?

N = Is it Necessary?

K = Is it Kind?

Year 4/5: Students participated in several activities, the first of which focused on the role of bystanders in bullying. The Active bystander lessons explore the impact and importance of active bystanders for individual students and the whole school community. Students sorted scenarios under two headings:

1. Help stop the bullying by.. .
2. What not to do

The students' second activity focused on strategies that help the individual respond when they see bullying. Students made an anti-bullying banner to string across the classroom and personalised their own anti-bullying messages.



Year 5/6: Students watched scenarios from the "Bullying. No Way!" website looking at bullying and the role of a bystander. Students discussed what it means to be a bystander and the impact it can cause in a bullying situation if the bystander does nothing. Students then went on to make posters with anti-bullying messages.





Upper Primary: Active Bystanders Profile

Active bystanders ...



BULLYING NO WAY! www.bullyingnoway.gov.au

Active bystanders ...



BULLYING: NO WAY! www.bullyingnoway.gov.au

WEEK GR8!

Monday 18th – Friday 22nd March

SRC's week of gratitude!

GRATITUDE

Be thankful! Show appreciation!

Be kind! Feel good!

- Lunchtime activities run by SRC for all students:
 - 'Compliments Monday'
 - 'Sporting Tuesday'
 - 'Disco Wednesday'
- K-6 *Gratitude Activity Day* on Thursday
- Whole-school Assembly on Friday at 2.00pm – families are invited so come along!



I am grateful for



What to do if you are being bullied

You have a right to feel safe and be safe. If you are being bullied here are some ideas about what you can do.

Talk to someone about it. Find a trusted friend, teacher or carer who will listen to how you feel, be supportive, and perhaps even help you work out what to do.

- Talk to your friends - they can help you tell a teacher or your parents or just to feel better.
- Talk to your parents - tell them all about what's been happening.
- Talk to your teacher or another staff member - tell them all about what's been happening. If you don't want to do this in public, make an excuse to see the teacher about something else, for example your homework.
- If you can't talk to someone face-to-face go online at Kids Helpline <http://www.kidshelp.com.au/> or call a Kids Helpline counsellor on 1800 55 1800.

Try a few of the strategies that have worked for others. Only try these strategies if you are not in any immediate danger of being physically hurt and you feel confident you can do them

- Ignore the bullying - turn your back and walk away.
- Act unimpressed or pretend you don't care what they say or do to you. You could say 'okay, whatever' and walk away.
- Use strong, assertive statements, starting with the word 'I'; tell the other person 'I want you to stop that' in a strong confident voice. Practice this with your friends.
- Use 'fogging' which means making a joking or funny comment that makes the other person think you don't care about what they say.
- Ask your friends to speak up for you. And remember to do the same for them!

Try to stay positive. Focus on all the things that you do well, the people who like you and care about you. Write down your thoughts and feelings about the bullying to help you think clearly about what you can do.

Hang around with your friends and be with people who help you feel good about yourself. Good friends respect, encourage and support you. They care for your wellbeing and are fun to be around. You'll make new friends by respecting, encouraging and supporting others.

Try to sort out the problem behind the bullying. If you feel safe to do so, talk with the other people involved and ask them how you might be able to sort out the problem together.

TAKE A STAND TOGETHER

BULLYING. NO WAY!

www.bullyingnoway.gov.au

TERM 1 WEEK 7 STUDENT AWARDS



Congratulations to the recipients of the Week 7 Awards.

P&C REPORT

It is with regret that I inform you that due to personal circumstances our Secretary Desi Agelakis has resigned from her position. I would like to thank Desi, on behalf of the BPS school community, for her time and tireless effort in this role and I look forward to her continuing to be a valuable member of the P&C. I am pleased to announce however, that Nat Hewett accepted a promotion from Assistant Secretary to Secretary so the P&C could remain a vital part of the BPS school community, because let's face it no committee can run without a Secretary. I know you will join me in thanking Nat and I look forward to working with her.

We have our first fundraiser coming up next week in the form of our annual First Aid Courses (see ad in this newsletter). If you are able to assist in the donation of food please let Nat or Jenny know. Thank you to Melissa Boyd for again securing this very worthwhile community event.

It was disappointing to see a lack of parents and carers at our first meeting last week. Thanks to those who sent apologies due to the regional swimming carnival. It is imperative that the P&C and the staff and students of Barham Public have your support. If you are unable to attend meetings but would like to receive the meeting minutes please make sure Nat has your email address.

In addition, the P&C are collating information in an effort to move forward and address some of the issues that we are being faced with. **We urgently seek your assistance** and support in completing the short survey which can be found at this link

https://docs.google.com/forms/d/19MuDR-p415oqh7iu_V45c1bN8MiiWE1yiG8CuZAYjg/ or look for the accompanying post on the BPS Facebook page.

Please do not hesitate to discuss any issues, concerns or ideas you have with Nat, Alleena or myself.

Cheers
Raelene Farrant
BPS P&C President

BUTTERFLY FOUNDATION

On Thursday 14th March students from the surrounding district including Barham Public School and Barham High School travelled to Kerang to participate in a workshop with Nicki from the Butterfly Foundation. The workshop focused on self-esteem and body-esteem. They made a plan of ideas that will be presented in Term 2.



Barham Public School P&C

FIRST AID COURSE

When: Wednesday 27th and Thursday 28th March 2019

Where: Barham Public School

Time: 6pm – 10pm

Cost: \$155 Full course – 2 nights
HLTAID003



All names need to be into Melissa Boyd on 0400 174513 by Wednesday 20th March.

Barham Public School P&C

REFRESHER FIRST AID COURSE

When: Wednesday 27th March 2019

Where: Barham Public School

Time: 6pm – 10pm

Cost: \$85 to refresher – 1 night
HLTAID003 continuous learning



All names need to be into Melissa Boyd on 0400 174513 by Wednesday 20th March.



Mon 18th March

Tues 19th March

Wed 20th March

Thurs 21st March

Fri 22nd March

Katrina Myers

Sally McDonald

Rita Jones

Jem Boyd

Mon 25th March

Tues 26th March

Wed 27th March

Thurs 28th March

Fri 29th March

Gloy Chisholm

Mandy Anthony

Rae Farrant

Lauren Swan

If you are unavailable, please arrange your own substitute, or contact Sonya at the canteen on 5453 2321

THE GOOD FRIDAY APPEAL



The Royal Children's Hospital Good Friday Appeal tins have been placed in the classrooms. As in past years, the classroom with the heaviest tin/tins receives a basket of Easter eggs to share.

The Royal Children's Hospital is such a wonderful medical facility that, while we hope not to have to use it, we may do, and many of us are, very thankful that it is there.

Over the last 5 years, our school has raised over \$4000.00. An incredible amount and effort!!

Volunteers are needed to help raise money for this annual appeal so please consider giving some time to support this very worthy cause.

If you are available on Good Friday to be a tin shaker for an hour or so, please come over to the Koondrook Fire Station, our headquarters for the day, grab a tin and instructions, and off you go.

AFL CENTRAL MURRAY

This year the Richmond Football Club will be providing an AFL Country Football Clinic targeted at students from Grade 3-6.

Venue: Cohuna Consolidated Primary School

Date: Friday 26th April, 2019 (this is in our school holidays)

Time: 1.00pm – 2.00pm

RSVP: to School by Friday 5th April, 2019 so that we can forward names on.



SOUND WAVES™

Your whole school phonemic
approach to spelling



SPELLING INFORMATION SESSION

WEDNESDAY, 20TH MARCH 2019

5PM-6PM

**CHILD MINDING IS AVAILABLE FOR THIS
SESSION.**

**PLEASE RSVP YOUR ATTENDANCE TO THE
FRONT OFFICE OR CALL 03 5453 2133.**